

Kuper Academy



Winter Adventures With Kuper Academy!



Though winter can seem endless at times, our students choose to embrace the cold and, instead of waiting it out, they try new sports and new activities within a variety of outdoor settings. From skiing to snowboarding to tubing and skating, Kuper students get involved and stay active by using their bodies and their brains to learn new movements and nurture various intelligences. At Kuper, we emphasize the importance of developing a variety of skills and abilities in every age group and we work hard to maintain an atmosphere in which students can enjoy learning while simultaneously developing the competencies that they will need for a productive future. We encourage each child to try out new activities over the course of their time at Kuper. As a result of having so many extracurricular choices, many students find that they learn not only new skills, but more about themselves and the people they want to become as adults. All students are encouraged to develop self-reliance, self-confidence, physical fitness, and a strong sense of moral responsibility... while having fun along the way!



Kuper Athletics Embraces Team Play

Competitive sports teams such as soccer, basketball, and hockey are offered during the year in the upper elementary grades. These sports serve to help students continue the development of their basic skills as well as to encourage them to strengthen existing friendships. The interscholastic and recreational programs that Kuper offers students give them the opportunity to hone their leadership skills and to develop and embody key values that include self-discipline, humility, and respect for others. Our goal is to inspire our students to lead rewarding and active lives, not solely during their time at Kuper, but beyond graduation. Seen above is our elementary division two team at the recent UCC tournament in Toronto. The team played with maturity and each of the athletes was disciplined and supportive to his teammates; and we continue to be proud of their commitment to being disciplined athletes both on and off the field.

Happy Times at Kuper High School!



Giving Back To Those Less Fortunate



Kuper gives back through a variety of means all year long. This winter, one charitable initiative that we have undertaken has been to help underprivileged children from the island of St. Vincent (an island nation in the Caribbean with a population of 103, 000 people) to stay in school by giving them some of the tools that they need to succeed academically. We have challenged ourselves to collect many dozens of backpacks filled with school supplies to send to the children in St. Vincent in support of their educational endeavours. At this point in time we are still in the process of gathering donations, but the response has been terrific thus far! One of the great things about this project is that it is part of a larger national 'knapsack' initiative which, for the past seven years, has aimed to provide less fortunate children with knapsacks stocked with school and personal supplies. Students across the globe have benefited from the knapsack project compliments of benefactors from both Ontario and Montreal, and Kuper is proud to help by giving back as much as possible in order to create the world that we want to live within.

Writer & Teacher Monique Polak Urges Students To Think Outside the Box

Enthusiasm is contagious. After hosting guest lecturer Monique Polak, Kuper has turned that expression into a reality for a handful of grade eight students with respect to various creative writing approaches. In support of this year's theme of 'getting involved', teachers at Kuper have been working to bring in guest lecturers who succeed in getting our students involved in various creative endeavours both within and outside of school. Monique Polak was invited to Kuper because of her experience as a journalist: She sold her first piece – a book review – to the Montreal Gazette in 1991. Since then, she has written for almost every section of the Gazette, including city news, entertainment and lifestyle, travel, and business. In addition, she also teaches English and Humanities at Marianopolis College in Montreal. During her visit to Kuper, Monique shared her ideas about writing and brainstorming for a vast array of projects. She told the students to pay attention, to use what they see to create stories and ideas, and to be interested in as many things as possible. Her enthusiasm for learning and for meeting new (young) people fostered a positive atmosphere within which students were able to take the time to think big and to think outside the box in order to feel inspired about various writing tasks and projects. This is one terrific example of how Kuper is working to encourage students to 'get involved'!



Elementary Students 'Learn How to Learn' Through Skating Lessons



Each winter, as January sets in, our elementary students are given the chance to embrace one of the most quintessential Canadian cultural activities- ice skating. Every Tuesday for ten weeks, each student from grade three to six heads across the campus to the NTR hockey arena to take skating lessons. When stopping by the rink to check out their progress, spectators witness excitement, nervousness, accomplishment, and team play, as our young students work to build up their skills on skates while simultaneously strengthening their physical selves and, of course, having lots of fun!

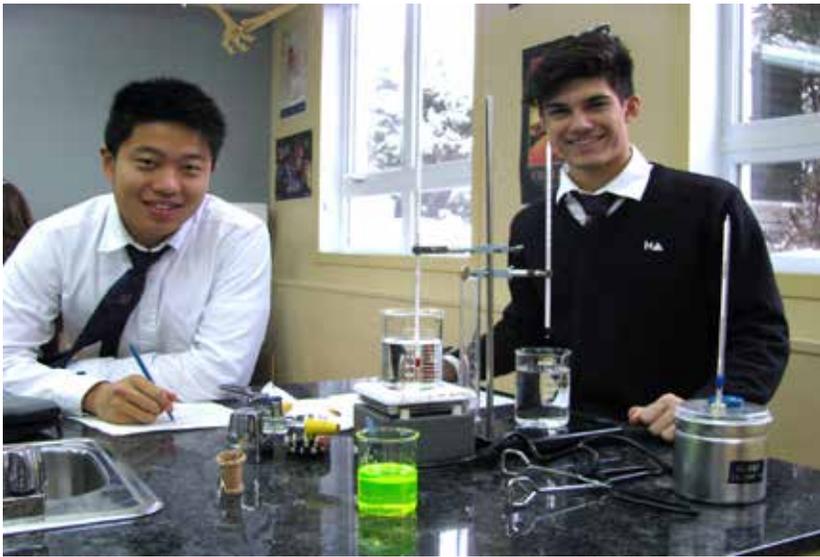
February Fun With Technology



It's winter in Canada. This is a time when we, as educators, understand that during the colder darker months we need to reach a little higher and further to engage students in learning. One way that we do so is to load them onto the school buses and take them on various field trips that aim to both teach and inspire within a broad array of areas. Here we see forty-two grade seven students on a field trip to the National Film Board where they attended an all-day animation workshop. Throughout the day, students worked in groups of four or five to create short paper cut-outs and animation videos. They then recorded sounds to accompany their video clips and, after that, they hosted a screening of their various videos. This experience ties in closely with their curriculum and allows them to use professional equipment and to ask questions of experts employed in that specific field.



High School Science Encites Enthusiasm!



At Kuper, we strongly encourage students to think about science as it relates to their realities. The goal is to engage them in the field of science by using concrete examples and experiements to demonstrate the usefulness of the subject and to encourage them to nurture their curiosities within that realm. All science courses include both theoretical studies and lab work, and this approach allows students to develop both the interest and aptitudes necessary to succeed as well as preparing them to pursue studies in the scientific realm. As you can see from the various pictures, students are clearly enthusiastic about what they're learning! We believe that this gives them the best chance to remember their experiences and to build on them.

Grade Nine Photography Class

Grade nine students have the option to take a photography class during their academic year and, as is the case each year, they continually prove how creative they are when given the time and opportunity. Here are some examples of the work they have done this winter. Enjoy!

